

#### Welcome

What a difference a few months can make! Blackberries almost ready for picking, farmers racing to gather in their harvests and probably quite a few children already feeling downcast at the sight of all the school uniform for sale.

We're feeling decidedly up-beat at Age Concern Petersfield. Our Summer outings have proved extremely popular, so much so that some have been unable to go on as many as they would have liked – we're working hard to rectify this for 2020. Our trips represent superb value for money with door-to door transport if required and the care and company of one or more from our great team of Volunteer drivers

### All the way to Fiji!

We worked out that Richard Wheeler, one of our recently retired drivers, drove 20,000 miles for us! That would take Elsa, our minibus, to Fiji.

We always need new drivers. We can't promise a trip to sunny Fiji but we can offer a very warm welcome. Help us continue to provide these vital services which are sometimes the only highlight in someone's life. Call Sheridan to find out more.



Elsa enjoys a well-earned rest on a tropical beach!

#### Arts and Crafts Exhibition

Wow! The exhibition in early May was a real showstopper. With a room full of talented creativity, and hundreds of visitors it was a complete success. A big thank you to Ruth Sander



(one of our trustees) and her team who had the idea, planned, coordinated and delivered this stunning exhibition. And

thank you to everyone that exhibited your work. We raised over \$600 for Age Concern Petersfield.

### New Help at Home Coordinator

We are delighted to have Kym Devine join our team as our new Help at Home Co-ordinator. If you need help with cleaning, laundry, shopping,

companionship etc, then do give her a call. We vet our home helps so you receive a trustworthy, reliable service.



## Charity Walk

It was a beautiful bright day when 15 Age Concern

Petersfield supporters joined the 400 other walkers in the annual Charity Walk for Peace.



With moving speeches and a curry afterwards it was a delight to take part.

#### Focus on Dementia

We are proud to be part of Dementia Friendly Petersfield.



**Dementia** We know how difficult it **Friendly** can be caring for your Petersfield loved one when they are

living with dementia. If you could do with some respite, a friendly face or some practical help then please call Kym about out Help at Home service.

In September we are running Dementia Friends information sessions (see dates for your diary). If you would like to come along please call Sheridan.

## Thank you tea party

It was a pleasure to thank our volunteers with delicious cakes at our afternoon tea party. We are so

very grateful to each and every one who help provide opportunities for older people to get out and about, and be with others.



### IT Coaching

Need some help dmystifying your mobile, iPad, laptop or other device? A 6 week course of one to one sessions is available tailored to you. Costs \$25. Call Ken to find out more. Sessions run throughout the year.

### Open Morning

Pop in and say hello at our next Open Morning on Saturday 5th October at the Winton House Centre, High Street, Petersfield, 10-12noon. Find out what we offer, meet some of the team, free refreshments.

### Obituary

Valerie Lambert, a loyal supporter of ACP and our Computer Coaching organiser for some years, sadly died. Valerie, thanks for your work on our behalf.

# Goadlaming River Trip

Join us on our Godalming canal boat river trip on 23rd September. Tickets \$20 to include transport, the river trip, and afternoon tea. Call David to book.

### Creative Lunch Club Cook

Praise for Marian, our lunch club cook, who creates delicious meals using food from FareShare which redistributes supermarket surplus. And thank you to our lunch club regulars who generously give donations for left over FareShare food items which they take home. We love reducing food waste.

## Fed up with taxi costs?

Let us take you into town and back with our door to door minibus service on Wednesday and Friday mornings. We'll drop you where you like, and pick up from the High Street. Costs only \$2 return, \$2.50 from the surrounding villages. Call David to book a lift or find out more.

## Dates for your Diary

5TH SEPT: Dementia Friends information session, 3.30pm, Winton House Centre.

11TH SEPT: Dementia Friends information session, 6pm, Winton House Centre.

23rd SEPT: Godalming Canal Barge day trip. Tickets \$20 to include transport, the barge and afternoon tea stop.

5TH OCT: Open Morning, 10-12noon, at the Winton House Centre. Come and say hello. Tea and cake on the house.

17th OCT: Next IT Coaching course - 6 weeks of one to one sessions. Call Ken to book a place.

12th DEC: Christmas Lunch for Lunch Club members, 12 noon, Community Centre

17th DEC: Age Concern Christmas Party, 2pm, Community Centre. A free event open to all. Call Sheridan to book a place.

#### Who to contact

GENERAL ENQUIRIES/LUNCH CLUB Sheridan Rocher, Manager 07852 172998
HELP AT HOME Kym Devine, Coordinator 07949 500673
TRANSPORT & OUTINGS David Cooke, Minibus Coordinator 07456 051620
IT COACHING Ken Jones, Coordinator 02392 632740

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