



## Role Description - Lunch Club Helper

The role of a Lunch Club Helper is to provide a friendly atmosphere for older people to meet together and enjoy lunch and each other's company.

The Lunch Club runs twice weekly on Tuesdays and Thursdays at the Community Centre, Love Lane, Petersfield.

You can choose which day you volunteer for and normally you would be needed from 9.30am - 1.30pm but this is flexible and can be discussed with the Lunch Club Cook/Co-ordinator. You can also volunteer on a weekly, fortnightly or monthly basis depending on your availability.

You will be working as part of a friendly and welcoming team, led by the Lunch Club Cook, to provide a two course meal freshly cooked on the premises.

The main activities are :

- Providing a friendly face and helping hand to older people
- Preparing the venue for the Lunch Club (this may involve putting out tables and chairs), and laying the tables
- Preparing food such as washing and cutting vegetables
- Observing food hygiene regulations
- Meeting and greeting members
- Serving lunch, and tea & coffee to members
- Clearing tables and washing up
- Cleaning and tidying the kitchen at the end of the session

To find out more please contact Sheridan on 07852 172998 or email [sheridan.rocher@ageconcernpetersfield.org.uk](mailto:sheridan.rocher@ageconcernpetersfield.org.uk).